

What Happens At Planned Parenthood

The Family Planning Association of Whatcom County has been active in providing contraceptive information in this area for over a year now. In August this counseling service was expanded to include a medical clinic which could make available medical services including the Pill, diaphragm, IUD, or other contraceptive devices to all, regardless of age, race, marital status or income.

The clinic procedure here is similar to that at most Planned Parenthood centers. Upon arriving, you will be given a card by the receptionist upon which you will fill out your name, address, and other essential information. A discussion is then held between the girls present and a counselor trained in birth control techniques. The counselor will explain the different methods available and answer any questions you may have about their use.

Next, a private meeting with a counselor takes place. Your social and medical history will be taken down to



Planned Parenthood of Whatcom County Medical Clinic is Open Tuesday Evenings, 6:30 to 9 PM at St Luke's Hospital. Phone 734-9210 for Appointment.

help determine the best contraceptive method for your particular case and to figure out how much you should pay for the examination. All replies to

these questions are completely confidential.

You are now ready for the physical examination, which will further help determine which kind of contraceptive you should use. The nurse will record your height, weight, and blood pressure and then prepare you for the physician. The pelvic examination which the doctor will perform involves the exploration of the vagina and uterus to make sure no abnormalities are present. A pap smear, to check for cancer, and a VD culture will also be taken. Most women find this examination only slightly uncomfortable.

If you have decided to use the Pill, and the physician approves, you can return to the receptionist now and purchase your supplies. Those who choose the diaphragm or IUD will be instructed in their use by the doctor. Be sure to ask him if there is anything

you don't understand. A further appointment for new patients on the pill is made for two months hence.

For those transferring from other Planned Parenthood centers, who have had an examination in the last six months, only a social and medical history is required before supplies may be purchased.

In an attempt to make these services readily available to everyone, costs are kept as low as possible. The charge for the examination is based on your ability to pay and ranges from \$2 to \$15. If you are on Welfare or in the OEO program, just show your card and you will not be charged. Supplies are sold at cost.

At present the clinic is being held one evening a week, Tuesday, from 6:30 to 9 p.m., at St. Luke's Hospital. To avoid waiting it is suggested that you make an appointment by calling 734-9210 between Monday and Friday, 8 to 5. This is the Visiting Nurse's number and they will be happy to answer any questions you may have or help with problems which may occur.

Whether you need these services yourself or not, you can help others who do by becoming a member of the Family Planning Association. The clinic pays its physicians and nurses as well as covering the costs of the exams for those who can't afford to pay themselves. The money to do this comes from membership fees and State Dept. of Health Funds. Help keep the clinic operating. Student memberships are only \$2. General memberships cost from \$5 to \$10. To be a supporting member you need spend only \$15. All donations are tax deductible. Please send your checks to:

Mrs. M. Marcus, Treasurer
Family Planning Association
of Whatcom County
Post Office Box 4
Bellingham, Washington 98225

For our Seattle readers, the same services are available at:
Planned Parenthood of Seattle
202 16th Ave. South
Seattle

Open Door Clinic Needs Help

As the community of Bellingham has continued to grow, the need for free or low cost medical service has become ever more apparent. A group of individuals recognizing this need have joined together for the purpose of establishing an Open Door Clinic. Clearly this project is an immense undertaking and its success is directly dependent on the response of the students and citizenry of Bellingham. At this point the project is only in the developmental stage lacking a doctor or facilities, but it will progress no further without the active participation of more people. Therefore EVERYONE who is sincerely interested in a medical clinic is most cordially invited to attend a pot-luck dinner and planning meeting at 11 Key Street on Monday October 12 between the hours of 5:30 p.m. and 8 p.m.

There will be a concert in the V.U. Lounge on Wednesday Oct. 21, at 8 p.m. The Berkeley Square are playing and donations will go to the Open Door Clinic.

Joni Mitchell to Aid Greenpeace Concert

Oct. 16

The Don't Make A Wave Committee, which has been spearheading opposition to the U.S.A. exploding 3.5 Megaton Hydrogen Bomb at Amchitka Island in the Aleutians, has launched a campaign to send a ship "GREENPEACE" to Amchitka, as a protest against that blast and all atomic testing anywhere by any country.

The Committee has announced a "GREENPEACE" benefit concert for Friday, Oct. 16th at the PNE Colliseum in Vancouver. Donating their performances will be Joni Mitchell, Canada's internationally famous singing artist, appearing in Vancouver for the first time; Chilliwack, the impressive rock group based in Vancouver; and Phil Ochs from the U.S.A., outstanding world renowned singer of protest songs. Proceeds from the concert will be earmarked for the GREENPEACE project.

On board the ship will be scientists who will ascertain and publicize the facts of the Environmental damage (including radioactivity released into the water and air) from the U.S.A. 1.2 Megaton blast last fall, plus full media coverage of the entire trip. Many experts have expressed grave concern that the underground atomic testing on Amchitka, which lies on the Aleutian Thrust (earthquake) Fault, threatens British Columbia with a tidal wave and earth shocks and all Canada with a blanket of radioactivity. Environmental preservation groups opposing the ecological vandalism of the Amchitka atomic testing have tried without success to get the Canadian government to make public the reports on the damages from the first test, but without success.

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